

# Safe Use and Pre-Inspection of Ladders and Steps



## Course Aims

To instruct approved users of company ladders and steps in the correct method of inspection and use

## Suitable for / Pre Requisites

Authorised users of company ladders and steps

## Benefits of attending

Delegates will be able to demonstrate:

- How to Inspect all types of Ladders
- How to pre-use inspect Ladders & Steps

You will have an understanding of:

- The underpinning legislation
- An overview of the relevant standards
- Knowing why we inspect
- The company inspection regime

## Course Outline

- Legislation
- Ladder Standards
- Ladder Classification
- Ladder Specification
- Ladder Maintenance and Use
- Ladder Inspection Techniques
- Wooden ladders
- Glass Fibre ladders
- Metal ladders
- Question and answer session
- Practical assessment

### Mode of delivery

Lecture room sessions, practical demonstration and assessment

### Duration

Approx 5 hours

### Primary Location

Company designated site

### Capacity

10 Delegates

### PPE Required

Full company PPE

### Follow-up

Every 2 years

### Certification

Osmose University certificate